



Heirloom Flavor: Yesterday's Best-Tasting Vegetables, Fruits, and Herbs for Today's Cook

Doreen G. Howard

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Heirloom vegetables, herbs, and fruits are back in favor as gardeners and food lovers seek more nutritious and flavorful edibles. The unusual varieties of heirloom seeds still available today produce edibles that provide a mouthful of flavor unlike anything ever experienced from hybrid varieties. *Heirloom Flavor* features eighteen types of heirloom edibles and is enriched with beautiful full-color photographs, interesting stories, and fascinating history. Includes recipes and cooking tips, how-to-grow tips, and how-to-select at Farmer's Markets. A "must have" for foodies and cooks.

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