



Super Brain: Unleashing the Explosive Power of Your Mind to Maximize Health, Happiness, and Spiritual Well-Being (Thorndike Large Print Health, Home and Learning)

Deepak MD Chopra, Rudolph E. PhD Tanzi

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A New York Times Bestseller Bestselling Author and physician Deepak Chopra and Harvard Medical School professor Rudolph Tanzi have merged their wisdom and expertise for a bold new understanding of the brain's untapped potential. Super Brain explains how the brain can be taught to reach far beyond its present limitations, by demolishing five widespread myths and then showing you methods to transform your life.

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