



How to Start a Revolution

Lucy-Anne Holmes

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A bite-sized guide to making change happen and the story behind the No More Page 3 campaign, written by its founder.

Change doesn't just happen. It starts with the idea that something could be different, could be better. It starts with a person who is brave enough to stand up and say, 'Stop.' This is what Lucy-Anne Holmes did when she wrote a letter to the editor of *The Sun* asking him to stop printing pictures of topless women on Page 3 of the paper. This was something that had been happening for forty five years but which - she suddenly realised - she found outdated and inappropriate and, after thinking about it, not unrelated to a lot of the bad things that happen to women.

Launching a digital campaign, starting an online petition and recruiting a team of like-minded people, Lucy-Anne started a revolution. Hundreds of thousands of people signed the petition, wore the campaign t-shirt and dared to say #NoMorePage3. Lucy-Anne had never campaigned on anything before. She wasn't particularly political. She'd never been confrontational. But she found that you only need one thing to start a campaign - and it isn't cash, experience or even a thick skin. It's passion.

If you have a desire to change something, read what Lucy-Anne has to say. She's been there, done that, worn the t-shirt and come out the other side having made a difference in the world.



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Gerald James:

A lot of people always spent their own free time to vacation or maybe go to the outside with them household or their friend. Did you know? Many a lot of people spent they free time just watching TV, or maybe playing video games all day long. If you would like try to find a new activity that is look different you can read a book. It is really fun for you personally. If you enjoy the book which you read you can spent 24 hours a day to reading a book. The book How to Start a Revolution it is very good to read. There are a lot of folks that recommended this book. We were holding enjoying reading this book. Should you did not have enough space bringing this book you can buy the particular e-book. You can m0ore effortlessly to read this book out of your smart phone. The price is not very costly but this book provides high quality.

Rebecca Walton:

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Jose Williams:

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