



# Significant Aspects of Client-Centered Therapy

*Carl Rogers*

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*Carl Rogers*

**Significant Aspects of Client-Centered Therapy** Carl Rogers

**Psychology Classics: Significant Aspects of Client-Centered Therapy**

Widely regarded as one of the most influential psychologists of all time, Carl Rogers was a towering figure within the humanistic movement towards person centered theory and non-directive psychotherapy.

Originally published in 1946 his classic article Significant Aspects of Client-Centered Therapy is essential reading for anybody interested in psychotherapy and counseling. In this landmark publication Carl Rogers outlines the origins of client-centered therapy, the process of client-centered therapy, the discovery and capacity of the client and the client-centered nature of the therapeutic relationship.

## **Bonus Material:**

Significant Aspects of Client-Centered Therapy builds upon some of Carl Rogers' previously published work. Among the most notable of these earlier works were *The Processes of Therapy* and *The Development of Insight in A Counseling Relationship*; both of which are also presented in full.

Significant Aspects of Client-Centered Therapy has been produced as part of an initiative by the website All About Psychology to make important psychology publications widely available.

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