



## **Bibliotherapy: A Clinical Approach for Helping Children (Special Aspects of Education)**

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The purpose of this book is to provide professionals in the field of mental health with literature which can be used with a clinical approach in helping children with problems. For those not familiar with bibliotherapy, it provides an extensive introduction to the field including reviews of its effectiveness, value and limitations, as well as examples of practical application. Chapters include an overview of bibliotherapy, clinical application, changing role models, blended family, separation and divorce, child abuse, foster care, adoption, and childhood fears. Over 350 children's books are listed, each briefly annotated, from which the clinician can select suitable material for therapeutic intervention.

**John Pardeck** of the Department of Social Work, Southwest Missouri State University, is a member of the Academy of Certified Social Workers and **Jean Pardeck**, a reading specialist for the Blue Hills Homes Corporation, received her MEd in reading from the University of Nebraska-Lincoln

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