



# Heavy Lifting: Grow Up, Get a Job, Raise a Family, and Other Manly Advice

*Jim Geraghty, Cam Edwards*

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What has *happened* to men in America? Once upon a time, men in their twenties looked forward to settling down and having children. Today, most young men seem infected by a widespread Peter Pan syndrome. Unwilling to give up the freedom to sleep late, play video games, dress like a slob, and play the field, today's men wallow in an extended adolescence, ostensibly unaware that they're setting themselves up for a depressing, lonely existence.

In this hilarious ode to male adulthood, Jim Geraghty and Cam Edwards—two happily married, 40-year-old men—have a simple message for their younger peers: Grow up!

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