



# The Book of Samurai

*Antony Cummins, Yoshie Minami*

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## **The Book of Samurai** Antony Cummins, Yoshie Minami

Antony Cummins and Yoshie Minami have brought the teachings of the famed samurai school Natori-Ryū back to life through *The Book of Samurai* series, and present the lost arts of the samurai in the English language for the first time.

BOOK ONE is a translation of two secret scrolls and establishes the *Fundamental Teachings* of a samurai student, revealing the basic traditions of Natori-Ryū. The first scroll, *Heika Jōdan*, contains 290 lessons that define the baseline for samurai during times of peace, a time which is considered as preparation for war, focusing each student on expanding their own ability and conduct, giving them the mind-set needed for any battles to come. The second scroll, *Ippai Yōkō*, moves the student onto the field of battle, giving them an understanding of what is expected of them during a campaign of war and providing the necessary guidance for samurai who are to take up arms for the first time. These first two Natori-Ryū documents are an in-depth and detailed account of the practicality of samurai warfare, opening up the lost world of these Japanese warriors to all modern readers.

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