



Paleo Beef: Insanely Easy Low Carb Beef Recipes for Better Health and Fast Weight Loss! (Gluten Free Cookbook Collection 2)

Alissa Noel Grey

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Paleo Beef Recipes for Better Health and Easy Weight Loss

From the author of several bestselling cookbooks and fitness enthusiast Alissa Noel Grey comes a great new collection of recipes. This time she offers us her insanely easy and enjoyable low carb Paleo Beef recipes. **Paleo Beef: Insanely Easy Low Carb Beef Recipes for Better Health and Easy Weight Loss!** is an invaluable and delicious resource for anyone who is interested in easy-to-prepare Paleo food. If you're looking for new Paleo Diet dinner ideas, this cookbook is for you.

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Mary Gobeil:

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