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*Eli Turner*

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# **Eli'S EXQUISITE WEIGHT LOSS COOKBOOK: A Foodie's Guide to Reduction :: 50 Low Carb Recipes :: Burn Belly Fat Fast**

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## **Eli'S EXQUISITE WEIGHT LOSS COOKBOOK: A Foodie's Guide to Reduction :: 50 Low Carb Recipes :: Burn Belly Fat Fast Eli Turner**

I am delighted to publish a book for all the foodies out there who have had to deprive themselves or have sacrificed the foods they love for the sake of losing weight. Believe me, I have too. However, you do not have to do it anymore! Yes! You really can have it all. This Cookbook has recipes you can relish and reduce body fat along with it.!!

This book from start to finish has all kinds of recipes with a finger-licking-good taste including - Breakfast, Lunch and Dinner. If you follow these recipes, besides just spectacular taste, your health will also be benefited. Just get your cooking pans ready and follow my low-carbohydrate recipes to lose that extra weight within a month.

Live Healthy Eat Healthy for a Flat Belly!

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