



Intensive Therapy

Jeffrey Deitz

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Intensive Therapy provides an intimate picture of a multifaceted relationship, written in a similar vein to modern classics such as *The Prince of Tides* and *Ordinary People*. Cerebral but grounded in the real world, *Intensive Therapy* will appeal to readers who enjoy close character study and the pleasure of a heady, cultured read.

Intensive Therapy follows the relationship of Dr. Jonas Speller and Victoria Schine-Bloch, an analyst and his patient, over twenty years in their interconnected lives. The story moves back and forth in time, alternating between the early 1980s, when both are becoming adults and professionals, and the last months of 2004, as each struggles to address ongoing family crises.

As a young woman, Victoria's toxic relationship with her parents threatened her college education and her life, and Jonas helped her find the independence and strength to start anew. In return, her candor and insight helped the budding doctor see the flaws in his training and develop a new, better path. As mature adults with successful careers, Victoria reappears to ask for Jonas's help with her troubled teenage daughter. When tragedy nearly takes the lives of both her children, Jonas must act quickly to save the woman who made him the man he has become.

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