



# My Lie: A True Story of False Memory

*Meredith Maran*

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**My Lie: A True Story of False Memory** Meredith Maran

**Meredith Maran lived a daughter's nightmare: she accused her father of sexual abuse, then realized, nearly too late, that he was innocent.**

During the 1980s and 1990s, tens of thousands of Americans became convinced that they had repressed memories of childhood sexual abuse, and then, decades later, recovered those memories in therapy.

Journalist, mother, and daughter Meredith Maran was one of them. Her accusation and estrangement from her father caused her sons to grow up without their only grandfather, divided her family into those who believed her and those who didn't, and led her to isolate herself on "Planet Incest," where "survivors" devoted their lives, and life savings, to recovering memories of events that had never occurred.

Maran unveils her family's devastation and ultimate redemption against the backdrop of the sex-abuse scandals, beginning with the infamous McMartin preschool trial, that sent hundreds of innocents to jail—several of whom remain imprisoned today.

Exploring the psychological, cultural, and neuroscientific causes of this modern American witch-hunt, *My Lie* asks: how could so many people come to believe the same lie at the same time? What has neuroscience discovered about the brain's capacity to create false memories and encode false beliefs? What are the "big lies" gaining traction in American culture today—and how can we keep them from taking hold?

*My Lie* is a wrenchingly honest, unexpectedly witty, and profoundly human story that proves the personal is indeed political—and the political can become painfully personal.

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This My Lie: A True Story of False Memory book is just not ordinary book, you have after that it the world is in your hands. The benefit you will get by reading this book is usually information inside this book incredible fresh, you will get info which is getting deeper a person read a lot of information you will get. This particular My Lie: A True Story of False Memory without we realize teach the one who studying it become critical in thinking and analyzing. Don't possibly be worry My Lie: A True Story of False Memory can bring when you are and not make your handbag space or bookshelves' become full because you can have it inside your lovely laptop even mobile phone. This My Lie: A True Story of False Memory having great arrangement in word in addition to layout, so you will not sense uninterested in reading.

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A lot of people always spent all their free time to vacation or go to the outside with them friends and family or their friend. Do you realize? Many a lot of people spent they free time just watching TV, or even playing video games all day long. In order to try to find a new activity that is look different you can read a book. It is really fun in your case. If you enjoy the book that you read you can spent 24 hours a day to reading a book. The book My Lie: A True Story of False Memory it is very good to read. There are a lot of folks that recommended this book. These folks were enjoying reading this book. When you did not have enough space to develop this book you can buy typically the e-book. You can more effortlessly to read this book out of your smart phone. The price is not too expensive but this book offers high quality.

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