



# Diabetes Foot Care: Tips To Help Save Your Feet

*Linda Claude*

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## **Diabetes Foot Care: Tips To Help Save Your Feet** Linda Claude

So many people are suffering with diabetes now and diabetes brings with it so many co-morbidities and complications. Some of the most debilitating complications are injuries and infections that can lead to foot or leg amputations. It doesn't always have to be this way! This book will help you to understand the importance of looking after your feet: it will explain how you are able to take a pro-active approach to foot care. Diabetes Foot Care gives you the knowledge to retain some degree of ownership in how your disease will progress.

Whether you are pre-diabetic, are newly diagnosed with diabetes or have had the diagnoses for some time you need this book. The simple guidelines you will find here are inexpensive and will only take a few minutes out of your day. The rewards, to you and your family, of having healthy feet cannot be overstated. Please don't become a statistic by losing any part of your lower limb because of negligence or laziness. Give yourself a fighting chance: learn how to care for your feet now.

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