



Favorite Vegetarian Recipes from Bulgaria: Quick & Easy Vegetarian Cookbook for Busy People on a Budget (Mediterranean Diet, Mediterranean Recipes, Mediterranean Cookbook 1)

Vesela Tabakova

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From the author of several bestselling cookbooks, Vesela Tabakova, comes a delicious new collection of authentic VEGETARIAN Mediterranean diet recipes.

Inside her new cookbook you will find delicious salad, soup, main and side dish recipes, as well as snacks, dressings, dips and sauces that will help you lose weight, increase your energy, and prevent heart disease, stroke and diabetes.

Favorite Vegetarian Recipes from Bulgaria: Quick & Easy Vegetarian Cookbook for Busy People on a Budget is an invaluable and delicious collection of healthy family recipes that will please everyone at the table and become all time favorites.

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