



# Getting A Grip 2: Clarity, Creativity and Courage for the World We Really Want

*Frances Moore Lappe*

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**Getting A Grip 2: Clarity, Creativity and Courage for the World We Really Want** Frances Moore Lappe

Designated by *The New York Times Book Review* as a must-read in 2008 for the next U.S. president, Lappé's unique take and laser-like logic invite readers to try on a new, invigorating way of seeing the world. With her characteristic boldness, she takes on a set of disempowering ideas driving economic and ecological crises, challenging readers to rethink the meaning of power, democracy, and hope itself. In her punchy, no-holds-barred style, Lappé weaves together fresh insights, startling facts, and stirring vignettes of regular people pursuing ingenious solutions. "My book's intent," Lappé writes, "is to enable us to see what is happening all around us but is still invisible to most of us — people in all walks of life penetrating the spiral of despair and reversing it with new ideas, innovation and courage." This updated and revised edition responds to Obama's presidency and the global financial collapse, concluding with reflection questions that are perfect for book groups.

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