



Bruce Lee's Fighting Method, Vol. 4

Bruce Lee

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The legendary fighter teaches how to perform jeet kune do's most devastating strikes and exploit an opponent's weaknesses with crafty counterattacks like finger jabs and spin kicks. In addition, Lee breaks down the attributes that make up the ultimate warrior and reveals how to develop the proper tactics and attitude for victory. As the fourth and final volume in the "Bruce Lee's Fighting Method" series, it contains detailed illustrations and vintage photos capturing Lee in his prime. This essential series, compiled and organized by his close friend, Mito Uyehara, is the perfect companion to Bruce Lee's classic text, "Tao of Jeet Kune Do".

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