

### Greener Grass? My Ass!: Relationship Breakup Guide for Fabulous Senior Ladies

Deborah Delaney

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Transform your life after a breakup with Greener Grass? My Ass!

Written specifically for more senior ladies, this guide contains advice that is relevant to your age group whether you have been with your husband or partner for months or years.

This powerful and effective guide will help you through your breakup and inspire you to build a better and happier future. Easy to read and understand with practical NLP exercises to draw inspiration from and suggested music to listen to as you read, this book can help you come to terms with the breakup and live your best life.

So take action – make things happen with no fear, because fear can hold you back.

"Decisions made in the heat of emotion may be brave, but not wise. Wait until the clamour has died away and in the calm you will see what must be done." Pam Brown, born 1928

"I'm not sure what the future holds but I do know that I'm going to be positive and not wake up feeling desperate. As my dad said, 'Nic, it is what it is, it's not what it should have been, not what it could have been, it is what it is." Nicole Kidman



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