



## **Nutritional and Environmental Influences on the Eye (Modern Nutrition)**

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# Nutritional and Environmental Influences on the Eye (Modern Nutrition)

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Significant advancements in nutrition's impact on the eye have occurred faster than any volume can document... until now. This book gives the background and rationale regarding the physiological damage caused by biological oxidants as well as the rationale for the protective roles for nutrient-antioxidants and how they affect the risk for cataracts.

This volume also contains information on how to quantitatively assess age-related diseases of the eye including cataracts and age-related maculopathy. Smoking and light exposure as factors for age-related eye diseases as well as the utility of potential anticataract pharmaceuticals is discussed.

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