



# Personality: A Systems Approach

*John D. Mayer*

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PERSONALITY: A SYSTEMS APPROACH guides students through the contemporary discipline of personality psychology. The book draws on the field's best supported theoretical ideas and its cutting-edge research. Students cover four broad topics: (1) what personality is and how it is studied, (2) personality's major parts—from motives and emotions to mental models and traits, (3) how personality is organized and (4) the ways personality develops. By studying these four topics, students learn about human personality, including their own, and the influence of personality on an individual's life.

Edition 1.5 is a bridge version between the first and second editions. The book has been reformatted, rewritten and updated, but as of its publication on August 18th, 2014, further revisions were planned and final copy edits and proofing for Edition 2.0 were continuing. For that reason, although Edition 1.5 is improved in its readability compared to the original, it may contain small errors in the text and formatting. For more details, please see [www.personalitysystem.com](http://www.personalitysystem.com)

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