



77 Picking Exercises for Modern Guitar (Guitar Technique Book 1)

Joseph Alexander

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-77 quick-working exercises to develop speed and control in your picking hand-

-Every exercise is accompanied by an individual audio example available to download for free from <http://www.fundamental-changes.com> -

-This is the method taught by London's Guitar Institute-

There is a common idea amongst many guitarists that excellent instrumental technique is something that takes years to master. They believe that technique should be put before all else and that it should occupy the majority of your practice time.

In my experience this is not the case, and actually, an over-enthusiastic, single-minded pursuit of 'perfect' technique can be counterproductive, unnecessary, and even damaging to your health.

This book is one quarter of the full work, Complete Technique for Modern Guitar. It focuses solely on picking and 'right hand' technique.

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