



# Sorry is the hardest word - A guide to apologizing, how to do it and why it's healthy

*Lakeysha-Marie Green*

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When not to apologize & more...

Not only does this comprehensive eBook cover all that, but you will also learn why it is important to **forgive yourself** and you will be equipped with example sentences of how to apologize.

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Tags: apologize, im sorry, say sorry, how to apologize, forgiveness, how to let go, forgive yourself

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