



When Hope is Not Enough, Second Edition: A how-to guide for living with and loving someone with Borderline Personality Disorder

Bon Dobbs

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When Hope is Not Enough, Second Edition: A how-to guide for living with and loving someone with Borderline Personality Disorder Bon Dobbs

Does someone you love have Borderline Personality Disorder? Are you in a relationship with a difficult person? Does this person rage at you for no reason at all? Is everything always YOUR fault? Do you feel lied to and manipulated? Do you believe that there is nowhere to turn? When Hope is Not Enough (WHINE) is here to help. WHINE provides a step-by-step plan for dealing with people with Borderline Personality Disorder (BPD) or BPD traits. WHINE can help rebuild your relationship and help you create a calmer life. Learn how to live with and love someone with BPD.

The second edition brings 33% more material, skills and advanced tools. Readers of the first edition will find new approaches, detailed explanations and much more material.

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